



St. Paul's

UNITED METHODIST CHURCH  
620 Romeo St., Rochester, MI 48307  
stpaulsrochester.org

## St. Paul's United Methodist Church

Presents

### Poverty: A Conversation that Matters

What does it mean to live in poverty? How does it affect physical and mental health?  
What does poverty look like in the greater Rochester area?

Join us Saturday, September 30

9 a.m. - 12 p.m.

620 Romeo Street, Rochester, MI 48307

St. Paul's Adult Ministries, Health Ministries and Stephen Ministries will host a program on poverty with three guest speakers listed below. Attendees will have the opportunity to participate in a simulation and ask questions during the program. Visit SPENT at [playspent.org](http://playspent.org) to understand what it is like to experience poverty.



#### Cynthera McNeill, DNP, APRN, AGPCNP-C, FAANP

Cynthera McNeill is an Assistant Professor and director of the Adult-Gerontology Nurse Practitioner program at Wayne State University. Dr. McNeill holds a Doctor of Nursing Practice degree from Wayne State University and is nationally certified as an Adult-Gerontology Primary Care Nurse Practitioner. She has worked as a healthcare provider at a Federally Qualified Health Center in Detroit, MI serving the uninsured/low-insured patient population and currently works in Internal Medicine at Harper University Hospital. Her primary focus as a nurse practitioner has been in the field of primary care/chronic disease management for adults with emphasis on health promotion and disease prevention. Her research interest includes the utilization of evidence-based, culturally sensitive interventions to decrease health disparities among at-risk populations. She is the co-author of an urban health textbook entitled "Urban Health: Practical Application to Clinical Based Learning" published November 2022.



#### Umeika Stephens, DNP, PMHNP-BC, FNP-BC

Dr. Umeika Stephens is a dual-certified family and psychiatric nurse practitioner focused on the provision of holistic patient-centered mental health care. As a Detroit native she is acutely aware of healthcare needs in the community and the disparities impacting patients' access to culturally sensitive services. Dr. Stephens has worked as a nurse practitioner for over 25 years providing for psychopharmacologic management and supportive therapy. Her areas of expertise are integrated care, substance abuse, mental health issues secondary to chronic medical illness, caregiver role stress/ coping, and women's mental health issues. Dr. Stephens is also a clinical assistant professor at Wayne State University where she oversees the psychiatric nurse practitioner program.



#### Michael Dreon, Executive Director of Rochester Area Neighborhood House

Michael Dreon has been Executive Director for Neighborhood House since April 2022. Michael spent 15+ years volunteering for St. Vincent de Paul which solidified his commitment to helping others in the community. After a career in the auto industry, Michael completed a certificate program from Oakland University in Non-profit Management and joined Neighborhood House.

This is a free program that will be open to the public. Light refreshments will be served. For additional information contact the church office at 248-651-9361 or visit our website at [stpaulsrochester.org](http://stpaulsrochester.org).